



# WEXFORD VILLAGE

AT DEVONSHIRE

98 Devonshire Drive • Scott Depot, WV 25560 • (304) 757-1270



## BULLETIN BOARD

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**Maintenance Supervisor**  
David Payne

**Maintenance Tech**  
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**Maintenance Tech**  
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## OCTOBER 2019



## NOTES & NEWS

### **WV Pumpkin Festival**

The 2019 West Virginia Pumpkin Festival is October 3rd – 6th. Since 1986 West Virginia Pumpkin Park in Milton has celebrated the glory of autumn and the harvest with the West Virginia Pumpkin Festival. In addition to over 100 skilled artisans who display crafts, numerous special exhibits and demonstrations are presented throughout the festival.

### **Trunk-or-Treat**

We are teaming up with Bellaire at Devonshire for a big night of candy! Join us for a trunk-or-treat event with awards for best costume, best trunk, and other prizes! We hope you'll join us for a SPOOKtacular evening!

### **Upcoming Events**

- Oct. 3 WV Pumpkin Festival
- Oct. 19 Bridge Day
- Oct. 29 Trunk-or Treat

# HALL WEEN

## HIGHLIGHTS

### **Bridge Day**

Every year on the third Saturday in October the New River Gorge Bridge closes to traffic and opens to attitude! BASE jumpers, rappellers, vendors and spectators share the excitement, the spectacle, the experience of Bridge Day!  
[www.OfficialBridgeDay.com](http://www.OfficialBridgeDay.com)

### **Fall Splendor**

In many parts of the country, brilliant autumn leaves are on display during nature's annual art show. Weather patterns throughout the year play a big part in how vibrant the colors will be. A warm, rainy spring; mild summer; and a fall with sunny days and crisp, cool nights are the ideal conditions for creating a colorful palette.

### **Autumn Colors Express**

The Autumn Colors Express train ride takes you on a day-long journey through the New River Gorge, at the peak of the fall foliage season. The round trip from Huntington, WV to Hinton, WV on October 25, 26 & 27, lets you experience this beautiful area of West Virginia in a way few do.

[www.autumncolorexpresswv.com](http://www.autumncolorexpresswv.com)

### **Pool Closing**

Our pool will be closing for the season on October 15th. We will reopen it April 15th. The fireplace area will be remain open year-round!

### **Office Hours**

Monday, Wed - Friday	9:00 a.m.–6:00 p.m.
Tuesday	9:00 a.m.–7:00 p.m.
Saturday	11:00 a.m.–4:00 p.m.
Sunday	1:00 p.m.–4:00 p.m.

### **Important Numbers**

Leasing Office	(304) 757-1270
Emergency Maintenance	(866) 583-6593

For non-emergency work orders:  
[leasing@liveatdevonshire.com](mailto:leasing@liveatdevonshire.com)  
[www.liveatdevonshire.com](http://www.liveatdevonshire.com)

# TRIVIA WHIZ



## Nuts About Squirrels

Squirrels are a common sight in big cities, small towns and suburbs. Since October is Squirrel Awareness Month, it's the perfect time to squirrel away some tidbits about these clever critters.

- Besides North America's familiar tree squirrels, the roughly 285 squirrel species around the world include flying squirrels, chipmunks and prairie dogs.
- The majority of a tree squirrel's diet consists of acorns, hickory nuts, walnuts, seeds and fruit. Squirrels eat their own body weight, about 1.5 pounds, in a week.
- In summer and fall, squirrels hoard nuts and seeds for the winter, digging small holes in the ground to bury their food. Abandoned burrows, hollow trees and flowerpots are other favored hiding spots.
- Thanks to a good memory and strong sense of smell, squirrels recover up to 80% of what they store. What they leave behind often germinates, helping to maintain forest tree populations.
- Squirrel nests are called dreys and can be spotted in the forks of trees. About the size of a football, dreys are made of twigs and lined with grass, bark, moss and feathers.
- A squirrel's big, bushy tail is used as a parachute to ensure a soft landing when the animal jumps or falls.
- Squirrels are very vocal, and communicate with each other by barking, chirping, chattering and purring. They also use body language, such as twitching their tails and stomping their feet.



## Plan Some Festive Fall Adventures

Fall's cooler weather makes it a perfect time for outdoor activities. Plan one of these outings and enjoy what autumn has to offer.

**Apples for all.** In addition to the opportunity to pick your own apples, many apple orchards also have a cider mill you can tour. Be sure to take home plenty of fruit and try your hand at apple pie, applesauce

and baked apples. Store any unused fruit in a cool, dry place.

**Pick a pumpkin.** A trip to the pumpkin patch to find the perfect pumpkin is fun for all ages. Get a few extra to decorate your home. Some pumpkin patches also offer wagon rides and a corn or hay bale maze.

**Take a tour.** Many parts of the country offer views of colorful fall foliage. Go for a drive, and take a camera to record nature's beauty. Consider spending a day exploring a town you've never visited. Pack a picnic or stop at a family-owned restaurant for a one-of-a-kind meal.

**Friday night lights.** Go to a high school football game and root for the home team. The atmosphere and excitement may bring back memories of your own high school days.

**Find a fair.** Get a head start on your holiday shopping with a trip to an area craft fair. You will be sure to find unique gifts for friends and family.

## Pasta Swaps

Pasta is a versatile and delicious food, and with dozens of options available today, there are plenty of opportunities to experiment with different flavors. Whether you are reducing carbs, have a gluten allergy or simply want to try something new, consider giving these noodle alternatives a "twirl."

**Zoodles.** These are made from zucchini that's been spiralized with a kitchen device that cuts vegetables into long strips. You can use this same method on carrots, turnips, beets and sweet potatoes, as well as buy packaged spiralized veggies in stores.

**Soba noodles.** These Japanese noodles are made with buckwheat flour and have a slightly nutty taste. They're often the star of cold Asian pasta salads or served in a bowl of hot broth.

**Spaghetti squash.** This gourd provides a healthy and affordable pasta substitute. Once cooked, the

squash's yellow-orange flesh can be separated with a fork into strings that mimic spaghetti noodles.

**Shirataki noodles.** Made from the fibrous root of an Asian plant called konjac, shirataki noodles contain virtually no fat or calories, and are therefore the perfect partner for a rich, hearty sauce.

Pasta made with kelp, brown rice, quinoa, lentils and chickpeas can also be found on store shelves, so why not use your noodle to come up with ways to try them all?





## WIT & WISDOM



### Migrating Monarchs

Each autumn, millions of monarchs take to the skies to begin their journey to a warmer climate for the winter. The annual migration is one of nature's most fascinating spectacles.

Cooler temperatures and shorter days alert the orange-and-black butterflies to take flight. Those west of the Rocky Mountains head to Southern California, where thousands hibernate in forests along the coast. But swarms of the eastern population travel much farther, from Canada and the northeastern U.S. to the mountains of central Mexico—a distance of nearly 3,000 miles. Monarchs numbering in the millions take shelter in the fir trees there.

How the butterflies find their way to the same sites year after year is a mystery to scientists, but they believe the insects use the sun as a compass. Even more remarkable is that new generations arrive each fall and settle in the same trees as their ancestors did!

When spring comes, monarchs begin their flight back north, laying eggs on milkweed plants along the way. When the caterpillars hatch and transform into butterflies, they continue the trip northward. Up to five generations take part in the annual migration.

**Each autumn, millions of monarchs take to the skies to begin their journey to a warmer climate for the winter**

## neMinute Chef

### Maple Apple Grilled Cheese

#### Ingredients:

- 1/4 cup maple syrup
- 1/4 teaspoon apple pie spice
- 3 tablespoons butter
- 8 slices whole-wheat bread
- 8 slices sharp cheddar cheese (1-ounce slices)
- 1 medium Golden Delicious apple, cored and cut into 16 thin slices
- 4 slices cooked bacon, coarsely chopped

#### Directions:

Mix maple syrup and apple pie spice. Set aside.

Butter one side of each bread slice. Layer two slices of cheese and four slices of apple on each of four bread slices with buttered side down. Sprinkle with chopped bacon, then drizzle with maple syrup mixture. Top with remaining bread slices with buttered side up.

Place sandwiches in large skillet or griddle on medium-low heat. Cook 3 to 4 minutes per side, or until bread is browned and cheese is melted. Cook in batches, if necessary.

Find more recipes at [www.McCormick.com](http://www.McCormick.com).



"The moon puts on an elegant show, different every time in shape, color and nuance."

—Arthur Smith

"I still say, shoot for the moon; you might get there."

—Buzz Aldrin

"Every phase of our life belongs to us. The moon does not, except in appearance, lose her first thin, luminous curve, nor her silvery crescent, in rounding to her full."

—Lucy Larcom

"I love to think that animals and humans and plants and fishes and trees and stars and the moon are all connected."

—Gloria Vanderbilt

"The moon is a friend for the lonesome to talk to."

—Carl Sandburg

"Those are the same stars, and that is the same moon, that looks down upon your brothers and sisters, and which they see as they look up to them, though they are ever so far away from us."

—Sojourner Truth

"Summer ends, and autumn comes, and he who would have it otherwise would have high tide always and a full moon every night."







—Hal Borland

"To some people, the impossible is impossible. One fine day, they wake up in the morning knowing that they will never hold the moon in their hands, and with the certainty, perfect peace descends on them."

—Elizabeth Bibesco



# October 2019

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1 Rent Is Due	2	3 Coffee & Conversation at 10 AM	4	5 Don't Miss It! Last Day to Pay Rent Before Late Fees Begin!
6	7	8	9	10 Coffee & Conversation at 10 AM	11 	12
13	<b>Columbus Day</b> 14	15 	16	17 Coffee & Conversation at 10 AM	18	19 <b>Bridge Day</b>
20 	21	22	23	24 Coffee & Conversation at 10 AM	25	26
27 City of Hurricane Pumpkin Carving Contest Hurricane City Park From 3 -5 PM	28	29 <b>Trunk-or-Treat</b>	30	31 Trick-or-Treat on Main Street in Hurricane 6-8 PM	 <b>OCTOBER</b> 	

## Word Search

Category: Trees

R S K X T C W M P I N E	1. Fir _____
E H C E E B L I N D E N	2. _____
D C B G C <b>F I R</b> L G G D	3. _____
W R A I C A C A G L P F	4. _____
O I N C D S I D H M O D	5. _____
O B Y V G O D E A C P W	6. _____
D F A B U C G P L V L P	7. _____
F D N Q K V L W X M A G	8. _____
O S E D H E D D O L R H	9. _____
A S P R U C E F M O D E	10. _____
K G S R E P I N U J D R	11. _____
A S P E N X B R A D E C	12. _____
	13. _____
	14. _____
	15. _____
	16. _____
	17. _____
	18. _____
	19. _____
	20. _____

Word Search Solution:

1. Acacia	11. Linden
2. Aspen	12. Maple
3. Banyan	13. Oak
4. Beech	14. Palm
5. Birch	15. Pine
6. Cedar	16. Poplar
7. Dogwood	17. Redwood
8. Elm	18. Sequoia
9. Fir	19. Spruce
10. Juniper	20. Willow

